Congressman Henry A. Waxman
House of Representatives
Washington, D.C. 20515

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HENRY A. WAXMAN
24TH DISTRICT, CALIFORNIA

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March, 1987

Dear Friend:

I am happy to let you know about the wonderful free Health Fairs being held in our community.

If you have not seen a doctor for quite some time or if you are not feeling well, this is your chance to look after your most precious possession—your health.

Two centers also offer health screening for children. Children must be accompanied by a parent or guardian. At the French Hospital of Los Angeles site, children must be at least 4 years old; the Cedars-Sinai Medical Center site will screen 3 year old children.

As Chairman of the House Subcommittee on Health and the Environment, I meet constantly with doctors and scientists. They all agree that a sickness discovered in an **early stage** can often be successfully treated.

The primary focus of the federal government in the health field is on prevention and early detection of disease. I am proud to have co-authored legislation to fund the National Cancer Institute, National Institute of Health, and the all-important Centers for Disease Control in Atlanta. We in Los Angeles are fortunate that numerous health fairs have been organized to give people a chance to pay attention to their health **before** they become sick.

Many illnesses—such as high blood pressure—may not cause pain or other symptoms. To get early treatment, the disease must be discovered during a health screening or physical checkup.

Please call (toll-free) 1-800-223-6759 if you have any questions.

Wishing you and your family good health now and always,

Sincerely,

Henry A. Waxman

HENRY A. WAXMAN
Member of Congress

If you have any questions, please call
the **Health Fair Office** (toll-free) at 1-800-223-6759.

En los citas si se habla español.

Free* Health Screening Given in Your Community

If you have not seen a doctor for quite some time, here's a chance to have a health screening all in one convenient location in your own neighborhood.

Here are just ***some*** of the services available at the Health Fairs:

- Blood pressure checkup and evaluation
- Eye test and recommendation for eyeglasses
- Weight evaluation and diet suggestions
- Dozens of free, easy-to-understand booklets on such health problems as heart attacks, cancer, high blood pressure, drug abuse and venereal disease.

Except for the blood test, which costs $12.00, **THE ENTIRE SCREENING IS ABSOLUTELY FREE!** If you went to a private doctor and laboratory for all the tests given at the Health Fairs, it would cost you over $200.

At the conclusion of all your tests, a trained health expert will speak to you **privately.** He or she will discuss any health problems you have and make suggestions on how you can improve your health.

If you should be receiving medical treatment, your counselor will give you sound advice about local clinics, doctors and hospitals. The Health Fair workers are especially anxious to help Medi-Cal and Medicare patients and people who cannot afford the treatment they need.

Participating in the screening program are experienced doctors, registered nurses and qualified lab technicians. The program is coordinated by the **American Red Cross, The Hospital Council of Southern California, Chevron and KNBC.**

Our community is deeply indebted to the organizations which contributed space, volunteer workers, publicity and financial help.

*All tests are free ***except*** the blood test. This test costs $12.00. The blood test is essential for checking for high cholesterol, diabetes, liver and kidney disease, and many other serious medical problems. Obtained privately, the Health Fair blood test would cost between $50 and $100.

Site List

The blood tests to detect antibodies to the (AIDS) virus are not offered at any of the health fairs. However, Cedars-Sinai Medical Center will have expert AIDS counselors available to provide information about how to obtain the blood test and to answer other questions about the disease.

There are nine centers at which health fairs will be held in our area. Almost all the health fairs have Spanish-speaking staff available. Some of them have staff who speak Chinese, Vietnamese, Tagalog, Armenian and Russian.

The health fairs are oriented to adults over eighteen. **Only** Cedars-Sinai Medical Center accepts children 3 or older and **only** French Hospital of Los Angeles will accept children over 4 years of age. Children will be examined only if accompanied by a parent or guardian.

All health fair sites do not provide the same tests. Under the list of health fair sites are some of the tests available at that site.

Cedars-Sinai Medical Center
8700 Beverly Blvd.,
North Tower
Sun., March 29, 10 AM-3 PM
Spanish, Russian
full service—children thru elderly

Westside Jewish Community Center
5870 West Olympic Blvd.
Wed., April 1, 10 AM-2 PM
Spanish
dental and glaucoma screening

Roxbury Recreation Center
471 So. Roxbury Drive, BH
Mon., March 30, 10 AM-3 PM
hearing and dental screening

French Hospital of Los Angeles
531 College St., 1st Floor
Sat., April 4, 9 AM-4 PM
Spanish, Chinese, Vietnamese
anemia and podiatry screening

Hollywood Presbyterian Medical Center
1300 No. Vermont
Fri., April 3, 10 AM-3 PM
Spanish, Armenian, Tagalog
heart learning center

Bernardi Multipurpose Center
6514 Sylmar Ave., Van Nuys
Wed., April 1, 10 AM-3 PM
Spanish
focus on senior problems

Saint Joseph Medical Center
Buena Vista & Alameda, Burbank
Sat., March 28, 9 AM-3 PM
Spanish
non-invasive screening artery

Panorama Mall
8401 Van Nuys Blvd. at Roscoe
Sat., March 28, 10 AM-4 PM
Spanish
dental and vision screening

Glendale Galleria
Central & Colorado,
north & south
Sat., April 4, 10 AM-4 PM
Sun., April 5, 11 AM-3 PM
Spanish, Armenian
dental and eye mobile